

Goal #1: Strengthen State Relationships & Professional Mentoring

1. Provide regular virtual meeting opportunities for networking, sharing ideas, and collaboration to all Central District state leaders. Similar to the SHAPE America State Leader Connections virtual series.
2. Promote state professional development opportunities for professionals and future professionals across CO, IA, KS, MN, MO, NE, ND, SD, & WY via individual state association websites.

Goal #2: Student Leadership & Involvement

1. Continue supporting student leadership and state association collaboration across the Central District.
2. Promote opportunities for leadership within Central District's committees for college students.

Goal #3: Central District Promotion

1. Provide a brief slideshow to all states within Central District which explains what Central District is, what Central District does, how to get involved in a leadership role with Central District, and how to nominate people for Central District awards.

Goal #4: HMM Program

1. Promote the updated SHAPE America health. moves. minds. Program powered by Booster sponsorship through social media and the Community Impact committee.

Goal #5: Central District Committees

1. Rejuvenate our Central District committees by updating the members in each committee.
2. Engage committee chairs by offering support to the committees to allow them to create and meet their goals for the betterment of Central District.